# Cuyamaca College Success Tips!

#### MANAGE YOUR TIME WISELY

-Prioritize your goals and responsibilities.
-Schedule time outside of class to study.
-Don't overdo it! If you work full-time, it is recommended that you attend school part-time.
-Schedule personal appointments outside of class time.

#### **STAY ORGANIZED**

-Keep a planner or calendar to note & highlight important due dates.
-At the beginning of each new week, plan out your activities, assignments, and reminders for the coming days.
-Mark your syllabus with everything you need to remember.
-Keep a tabbed binder for your classes.
-Download the App "Grad Guru" for campus dates and deadlines.

# ATTEND EVERY CLASS

An instructor can drop you for missing too many classes. Missing class will set you behind with the course material. If you have to miss a class due to an emergency, let your professor know and do your best to catch up on the material you missed. If your class is online, login frequently.

## COMMUNICATE WITH YOUR INSTRUCTORS

Don't fall behind! If you have questions or concerns, visit your instructors during office hours. They want to help you succeed! Office hours are posted in the class syllabus.

# SET GOALS

Why are you in college and what do you hope to accomplish? What type of career do you hope to pursue? Set manageable goals every semester that help you work towards the future lifestyle you desire. Once you set goals for yourself, practice visualizing your success.

# SEE A COUNSELOR EVERY SEMESTER

Make sure you're on the right track by scheduling a 45min appointment with a counselor every semester. A counselor can assist you in creating a Comprehensive Education Plan (CEP). To schedule, call 619-660-4448!

# TAKE A COUNSELING CLASS

Counseling classes teach various success strategies to enhance academic and lifelong learning. Check out our list of classes on WebAdvisor!

#### GET INVOLVED ON CAMPUS

-Join a student club to develop leadership skills! -Form study groups with students in your class! -Join an athletic team or cheer on your fellow Coyotes at an athletic competition! -Come to campus cultural events & musical performances!

# LEARN TO MANAGE

#### **STRESS**

Your personal health is important. Dedicate time each week to doing something you love! To consult with a nurse or mental health counselor about personal health improvement, visit our Health & Wellness Center located in I-134.

#### **GO TO TUTORING**

Did you know there is free tutoring available for every subject taught at Cuyamaca College? Visit our tutoring centers on campus: ARC: C-102 Writing Center: B-167 STEM Center: BLDG H Or, if you prefer free 24/7 online tutoring, visit www.NetTutor.com!